Dear Parent/Guardians,

Interviews
Student reports went home on Friday afternoon with all students. Many thanks to those parents/guardians who were able to attend interviews yesterday. It was quite busy here at school with people in and out all day meeting with the teaching staff. It is an important time of the year where teachers and parents/guardians are able to get together to discuss student progress over the 1st semester. We appreciate you making the time to come into school to discuss your child.

Girls Soccer Team
Congratulations to our Inter School Sport Girls Soccer Team who were the Division 2 winners, finishing the season undefeated. They played the Division 1 winners last Friday, but unfortunately lost to St Johns PS with the final score being 1-0. They played a great game and it was very close going right down to the wire.

Staffing
I would like to thank Mr Morkunas for filling in for Mr Marsh over the last few weeks in our music program. Mr Marsh will be back from leave at the beginning of term 3. Mrs Harvey has also returned from leave and is back in the school office and Miss King will return from her leave at the beginning of term 3.

End of Term
We will hold an end of term assembly on Friday morning where we will present our attendance certificates for the term. The PFA have been busy arranging the end of term lunch and it is all good to go for Friday. We will have a modified timetable for the day as we will be finishing school at 2.30pm.

On behalf of the staff, I would like to wish all families a safe and enjoyable holiday. We will see everyone back at the beginning of Term 3 on Monday July 11th 2016. Have a great break.

Until next time,

Brian McFall (Principal)
Bay Views
Newsletter

Gymnastics Reminder
Gymnastics starts next term for 5 weeks so notices need to be sent back to school.

After warm up exercises and floor work student will be doing activities that use parallel bars, the beam, ring, mini-trampolines and the horizontal bar.

This activity is held only once every 2 to 3 years along with trained coaches so it’s a great opportunity for our students.

Jill Stanszus

Student Attendance
last week

Percentage of students at school 94.4%
Percentage of students on time 95.2%

STICK INSECTS
If anyone is able to look after our 4 stick insects over the school holidays please see me or let the office know.

I have a smaller tank and the water spray for them. They just need fresh gum leaves occasionally.

Jill Stanszus

School Choir
We would like to congratulate the following choir members on receiving attendance awards for:

15 lessons
Gabby B., Christopher P., Patricia R., Trinity V., Ceasar S., Mia R., Kobey E., Tatiana F., Carla A., Emma L., Frankie R., Kayden C., Maurice P.

10 lessons
Blessing T.

5 lessons
Sapphire P.

We’ve had a very successful term and everyone has been working really hard. The countdown to FEAST is now officially on and it will be full steam ahead after the holidays as we continue rehearsing our new songs. We hope all choir members have a great winter break and remember, when it’s too cold to go outside, it’s a great chance to practise, practise, practise.

Until next time.........FEPS Harmony
This article puts forward some interesting tips on how we could parent our children. I thought that this would make for some valuable reading over the holiday break with your children, to see if we should reassess some aspects of our parenting.

Five Ways to Know You are Over-Parenting

By Michael Grose

Here’s 5 tips to find a more balanced approach to over-parenting or helicopter parenting and encourage children to become independent young people.

Is over-parenting new?

While we hear a great deal about over-parenting at present it’s not a new phenomenon. Parents of past generations have been overly protective and over-indulgent of their offspring at times, however it does seem many parents today are a little over-enthusiastic in their endeavours to optimise the future prospects of the current generation.

In fact, the defining feature of twenty-first century parents is a fierce determination to provide children with the best possible childhood and the best possible start in life. In pursuit of these admirable goals a parent can easily over-extend their role entering areas of children’s lives that would have been off-limits to parents a couple of generations ago.

How to know that you are over-parenting

It’s a quirk of twenty-first century parenting that we need an objective measure to assess our parenting. Past generations were satisfied with more subjective measures such as whether their kids were happy; whether they got good marks at school; whether they were employable; and whether or not if they stayed out of trouble (read goal in extreme cases)! It’s safe to say the parenting waters were far clearer in the past than they appear to be now. But the parenting industry has come a long way in a short time so we now have stringent indicators that let us know what parenting track we maybe on. And that, for many people, would appear to be the over-parenting track.

You know you are over-parenting if:

1. You take on all, or nearly all, of a child’s problems.

Kids are good at handballing their problems to their parents. They’ll bring disputes with siblings for you to sort; expect you to take forgotten school lunches to school and pester you to organise their after-school lives. Mums and dads that over-parent invariably end up sorting out all their children’s problems which may make life easier in the short-term, but can mean kids become more dependent on their parents than children in the past.

Point to remember: Leave some problems for kids to solve

2. You regularly do for a child the things he or she can reasonably do for themselves.

It’s an irony of modern life that the busier parents get the more we tend to do for kids. In the race to get things done we dress young children; prepare children’s snacks and accompany them on trips outside the house even when they are old enough to do these activities themselves. If your child is becoming more rather than less dependent the older he or she becomes then it’s probably time to reassess your parenting.

Point to remember: Never do regularly for a child the things they can do for themselves.
3. You take on too many of your child’s responsibilities

Let’s see how you go with these questions! “Who’s responsible for getting your child up each morning? Who’s responsible for packing lunches and bags? Who is responsible for cleaning away children’s toys?” If you answered “My children, of course”, then congratulations; you shifted responsibility to where it rightfully lay: with kids. If not, then you guessed it. It may be time for a parenting reassessment.

Point to remember: If you want a child to be responsible then give responsibility to him.

4. You know too much about your child’s life

Being an attentive parent of a small family invariably means that you know in minute detail every quirk and vagary of your child’s life. “He didn’t eat all his breakfast this morning. Hmm! That’s not good.” “She seems a bit grumpy after school. What’s wrong?” “They left their jumper at home. I’d better take it to them.” Kids benefit from having some emotional and physical space from their parents. It gives them chances to rely on their own resourcefulness and develop the skills needed to get by on their own.

Point to remember: A little bit of benign neglect can benefit children’s development.

5. You parent the individual and not the gang

If you are constantly trying to make sure life is smooth for each child then you are probably parenting the individual, rather than for the good of the whole family! I’m not talking about ‘playing favourites’, but having an intense focus on meeting each individual’s wants can often be at the expense of family life in general. For instance, you allow a child to go on a sleepover rather than attend the birthday of a sibling. Parenting the gang means that children need to fit into the patterns of family life and don’t always get what they want.

Point to remember: Raise your small family with a big family mindset.

Most of the research indicates the authoritative approach as ‘parenting best practice’. Authoritative parenting is a mix of firmness and warmth; discipline and nurturance; high expectations and relationship building. It’s an approach that sits… surprise, surprise… somewhere between over-parenting and under-parenting. Yep, as always a balanced approach to parenting, as to most things in life, seems to be the best way to go. Who would’ve thought it!

Hope you have a great break. See you in Term 3.

Barb Heeney – Student Wellbeing Manager
Happy Birthday

- June 23rd: Isobel C., 5/6O
- June 29th: Jack B., 3/4B
- July 1st: Phoenix P., 3/4B
- July 2nd: Gabby B., 1/2H
- July 3rd: Chloe D., 1/2S
- July 7th: Jysis P., 1/2S
- July 8th: Talia B., 5/6O
- July 9th: Jasmine B., 3/4B
- July 11th: Tamara B., 4/5W

Maths Share

You will need:
- some things you would like to sell
- small paper circles
- sticky tape
- pencil
- a set of coins to 50c.

What to do:
- You have a shop. Maybe it is a jeans shop, or a grocer’s shop or a bookshop. Maybe it sells lots of different things. You choose!
- Find lots of items around the house. Ask for a grown-up to help.
- Stick prices on each item - 1c, 2c, 5c, 10c, 20c or 50c.
- Play shop. Customer chooses items and pays correct price.

This is a bit harder:
- Customer chooses several items. Add the prices together.
- Choose appropriate coins. Shopkeeper gives change if required.

WHERE’S THE MATHS?
- Becoming familiar with money and basic adding and subtracting.

Volunteers required for election day BBQ on Saturday 2nd July.
Please contact the school and leave your name at the office.
Remember ….many hands make light work

Thank You
P.F.A.
As a conclusion to the term grade 3/4 B have been creating their very own picture story books. The children had to write, create story boards, type and then illustrate a story based around anything they wanted. All the kids have put in heaps of work and the books are looking fantastic.
LIVING WITH AUTISM: DEALING WITH BEHAVIOURS AND ASD

Aim: Are you a parent/carer of a child on the autism spectrum?
Join with other parents/carers to share experiences, ideas and learn strategies in a relaxed, friendly place.
During the 4 weeks you will:
• Discuss why the behaviours are happening
• Identify new ideas and strategies
• Hear from other parents and share experiences
• Identify new supports

WHO: Thursday 4th, 11th, 18th, 25th July
and 1st August
TIME: 9.30am - 11.30am
WHERE: Balnarring Park Primary School
Bellar Avenue Frankston
WHO: Parents, grandparents, carers of children with a diagnosis of autism
For bookings & enquiries contact:
Parentzone Southern 1800 944 013
or Jamie Templeton 0499 097 408 or 03 9545 2000
Jamie.Templeton@anglicarevic.org.au
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Frankston East Primary School

Our Purpose:
To provide the Frankston East Community with a friendly and dynamic learning environment that engages students who work to achieve their personal best in an atmosphere of mutual respect and cooperation.

Frankston East Primary School promotes itself as an “Established School with Modern Ideas, based on Traditional Values”

We value:

<table>
<thead>
<tr>
<th>Value</th>
<th>Description</th>
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<tbody>
<tr>
<td>RESPECT</td>
<td>We respect the rights of each other and our environment.</td>
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<tr>
<td>TOLERANCE</td>
<td>We accept individual differences in every way.</td>
</tr>
<tr>
<td>EDUCATIONAL EXCELLENCE</td>
<td>We believe in the right of every child to excel to their personal best.</td>
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<tr>
<td>CONFIDENCE</td>
<td>We instil in the child the confidence to approach the unknown.</td>
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<tr>
<td>COMMUNITY INTERACTION</td>
<td>We encourage honest and open community interaction and involvement</td>
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<tr>
<td>FUN</td>
<td>We never lose sight of the fun and enjoyment of learning.</td>
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<tr>
<td>MUSICAL APPRECIATION</td>
<td>We incorporate musical awareness, appreciation and performance throughout our programs.</td>
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<tr>
<td>SPORTING INVOLVEMENT</td>
<td>Sporting involvement at all ages provides a wonderful insight into the development of people skills</td>
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