Dear Parents and Friends

Year 5/6 Camp
It was nice to return to school after my Long Service Leave and spend three days with our Year 5/6 students at Oasis Youth Camp in Mt Evelyn. The weather was fantastic on Monday and Tuesday with temperatures in the low 30s on both days. Tuesday saw some strong winds come through which caused us to make some modifications to the program we were able to offer. The kids had a fantastic time and they put to good use their Getting Along skills and worked hard at attaining their goal of having some fun. The staff at Oasis were very complimentary of our students and they enjoy us attending in Term 4 each year. A huge thank you to Mr O’Shannassy, Mrs Schumacher, Mrs Smith and Miss King for giving up their time with their own families to take our students away for the three days. There is a huge amount of organisation that goes on behind the scenes prior to the camp and while we are away on site.

FEAST Photos and DVD
With the newsletter today you will find an order form for the FEAST photos and DVD. If you would like to purchase a copy of this you can do so by completing the form and returning it to the school office by Wednesday October 21st.

Moving schools in 2016?
As Term 4 is now underway, schools across the State are making arrangements for the 2016 school year. When planning for the next year schools have to take into account the number of anticipated students so they can prepare for appropriate class structures and make staffing decisions for the upcoming year. If you anticipate leaving FEPS at the end of the year, could you please fill in the form at the bottom of this page and return to the school office as soon as possible. It would also be wise to make contact with the new school and arrange for enrolment in 2016. This gives both schools the opportunity to make appropriate class structure and staffing decisions.

Prep Enrolments 2016
If you have children starting school in 2016 or know of people intending to enrol in 2016, this needs to be done as soon as possible. Enrolment forms can be collected any time from the school office and tours can be organised at a mutually agreed time.

Have a great week,
Brian McFall (Principal)
Student of the Week
Monday 19th October

P/1M—Janadi P.—For super spelling of the first 50 most used words.

P/1S—Holly B.—For being a great contributor to class discussions.

1/2W—Shayla L.—For always working extremely hard on everything she does.

2/3H—Kenyon N.—For being a great problem solver in maths groups.

3/4B—Tatiana F.—For always being cheerful in class.

3/4S—Charli M.—For working hard in math.

5/6O—Traemain W.—For working hard on his Reading comprehension skills.

5/6S—Sarah P.—For some fantastic comprehension work on Reading Eggs

Parent Corner
Welcome back everyone, I hope you all had a great break with your children.

This article by Michael Grose makes interesting reading and provides some insights into developing your child’s independence.

The Many Faces of Independence
Here are 5 ways for parents to give their children the skills, encouragement and support in their quest for independence.

It’s been well documented in recent years that children/young people are dependent on adults for longer. In Australia one in four 18-30 year olds still live at home and those numbers are on the increase. There are many reasons for this including lack of housing, affordability, working and partnering later, and simple convenience.

The propensity for many parents to do too much for children is a massive contributor to this increased dependency. Oddly, this is the exact opposite of what parents have always done, which is to develop their children’s independence, and in doing so effectively become redundant from their children.

There are a number of reasons for the current high level of dependency parenting including family shrinkage (parents are able to do a great deal for kids in small families), older parents (often over-concerned), busyness of life (it’s easier to do than delegate) and a heightened fear that the world is a dangerous place for children and young people.

Independence is the point
When independence becomes your priority then suddenly you’ve found a pathway to the development of other positive qualities and traits in your children including the key four – confidence that comes from facing fears; competence that’s built through mastery; creativity that’s encouraged when kids must resolve their own problems; and character that is
forged under the duress of challenge and hardship. Adults are the gatekeepers for children’s independence. And of course, independence takes many guises including:

1. **Self-helps skills**
The starting point for independence building is giving kids the skills, know-how and confidence to look after their own wellbeing and welfare. This is shown in the many everyday situations where parents model, teach and provide opportunities for children to look after themselves. Including toddlers undressing themselves, primary aged children preparing their own snacks, and teenagers organising their own transport to school and after school activities. Kids develop real confidence from being able to look after themselves and others.

2. **Autonomy to make choices and mistakes**
Without realising it, as parents we frequently make choices on our children’s behalf. We choose the food they eat; the games they play; their leisure activities and often the clothes they wear. When families are large (four or more children) parents usually give their children more space to make their own decisions as well as opportunities to learn from their poor choices. This may mean that children choose healthy interests and pursuits that parents are unfamiliar with, or even swim against the tide of their parents’ wishes. In small families parents often know so much about every small detail of children’s lives that inevitably we tend to impose greater well-intentioned control over children’s decisions.

3. **Freedom to explore the neighbourhood**
On a recent trip to Italy I was struck by how much freedom to wander their neighbourhoods Italian children had. It was a throwback to the type of childhood that many of today’s parents experienced, where we had the opportunity to navigate our neighbourhoods on our own without having to

4. **Freedom to explore unpredictable and potentially risky environments**
Independence is also built when children spend time in unpredictable, potentially risky environments such as the bush or new environments beyond their neighbourhood. There may be some risk involved but this is where real learning lies for children and young people. Eliminate the risk and you eliminate the learning.

5. **Taking responsibility for your own problems and actions**
There’s no doubt many kids are adept at shifting their problems and responsibilities to adults. One of my children would always blame me when they were late for school. Even though the child in question had an alarm clock and was more than capable of using it, any lack of punctuality was somehow shifted to me. Go figure! Independence comes when children take ownership of their responsibilities rather than using someone else as a scapegoat.

In order to grant children and young people the type of independence outlined parents need to be brave rather than fearful; work hard to develop the skills and know-how kids’ independence requires; and be willing to give kids the encouragement and support they need to step out of their comfort zones when independence seems too hard.

Barb Heeney – Student Wellbeing Manager
Happy Birthday

Oct. 14th  Codie-Anne S.  5/6O
Oct. 16th  Makayla B.  5/6S
Oct. 20th  Kane S.   P/1M

Jump Rope for Heart

Thank you again to these families for supporting this organisation and activity so generously:
In total our school raised $842.00. What an amazing effort!
The people who requested receipts for their donations will receive them in the mail in the next few weeks.

Thanks again,
Jill Stanszus

ART ROOM

Just a big thank you to all those families who have so generously donated their recyclable boxes, bottles and cardboard rolls.
The art room storage is now at ‘breaking point’!! Could we please now leave the donations until next year.

Thank You
Barb Heeney

Bay Views
Newsletter

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Maths Share
NUMBER
Setting the table M73

You will need cutlery, crockery and glassware

What to do
How many pieces of cutlery, crockery and glassware are needed for your family to eat dinner tonight?
How many items does each person have?
If you had four visitors for tea, how many extra pieces of cutlery, crockery and glassware would be needed?
How many pieces of cutlery altogether?
How many pieces of crockery altogether?
How many pieces of glassware altogether?
How many items altogether?

Something extra:
What if you had a special dinner with 3 courses? What would this do to the numbers? Ask Mum what you might need (for instance, soup spoons).

WHERE’S THE MATHS?
Counting, classifying, knowledge of left and right.
HINTS FOR PARENTS
This is quite a complicated activity. Point out that whether you count by multiplying each set of items or by adding groups of items, the total is the same.
5/6 CAMP
Monday the 5\textsuperscript{th} October saw the 5/6’s set off on a 3 day adventure to Oasis Youth Camp. Before we went to camp we packed our suit cases and sleeping bags in the bus. We said good bye to our families and we were on our way!!!!!!

At camp there are LOTS of activities to do so we started straight away. Some of the activities were:

1. Flying fox, which is a lot of fun. When you jump off the top you think you are going to hit your feet on the trees…..Loralei
2. Archery, which was super fun but hard as you must do it the correct way….Alayha.
3. Candle Making, it was great fun, we got to do our own style and colour….Chloe.
4. Ropes Course, which was really hard, you need to be steady on your feet, you also need a spotter behind you……Cameron.
5. Initiative Games, which is all about team work but it was fun in the end………Brian.
6. Eco Centre, which is where they keep all the reptiles such as frogs, lizards and snakes. We got to hold them and learn a bit about each one……Jade

The weather was VERY, VERY hot……we had 33 degrees for 2 days!!!!!

On Monday night we sat around the unlit campfire and Mr O told us the story about 2 boys that went down a dark, dark road…….then into a dark, dark house…………where they found a PINK JELLYBEAN in a chest!!!!!!!

On Tuesday night we watched a movie called ‘Minions’. It was a great movie and very funny in certain bits.

On the last day we packed up all our stuff and made our cabins clean. We all had to put our suitcases and sleeping bags in the shelter shed where it said luggage.

After that we played a game called Scuptionary. After morning tea we set off on our hike to Silvan Dam where we had lunch, there were chicken burgers or hot dogs. When we finished our lunch we hopped on the bus and headed back to the real world........SCHOOL!!!!!!!

We enjoyed going to Camp Oasis. We had an AMAZING TIME!
Does Your Child Worry?
Parenting Children Who Worry – a free seminar
Open to any parents and guardians who are interested in helping children manage worry better.

- Practical tips and suggestions
- Increase family well-being
- Support children to face their worries
- Help mindfulness and relaxation
- Further 4 week course with workshops and an in-depth practical approach to helping children who worry

1st Seminar:
When: Tuesday October 27, 2015
Time: 5.30pm – 7.30pm
Where: Frankston North Community Centre, 26 Mahogany Ave, Frankston North

2nd Seminar:
When: Wednesday November 25, 2015
Time: 5.30pm – 7.30pm
Where: Hastings Community Hub, 1973 Frankston-Flinders Road, Hastings

Register your interest in one of the above dates, by contacting:
1800 639 523 or enquiry@mediation.com.au

Registrations closing soon ... so hurry to enrol!
SATURDAY 24TH OCTOBER 2015

9783 3235
office@frankstoncoec.com.au

Crafts
Family Fun Day

Here 9am – 3pm
Frankston Church of Christ

130 Cranbourne Rd, Frankston