Dear Parents and Friends

Cybersmart Outreach - Internet Safety Awareness
Thank you to those families that attended the Internet Safety Awareness session on Monday night at Karingal Heights Primary School. It went for just over an hour and was very informative and practical. Staff also attended a similar session after school.

It covered a range of topics from the amount of time online, security settings, gaming addiction, cyberbullying, what the trending apps are at the moment and how they work, how to get inappropriate content removed and how to make a complaint about cyber bullying to the Office of Children’s eSafety Commissioner.

I would recommend the eSafety website to increase your knowledge and awareness in the area of cyber safety. The website is

https://www.esafety.gov.au/education-resources/parent-resources

It covers
- Cyberbullying - Answers to questions about protecting your child from cyberbullying.
- Chatterbox - The informal and interactive nature of Chatterbox provides you with a fresh, new and jargon-free perspective on cyber safety issues.
- Parental controls - Help monitor and limit what your children do online. Find out which tools you can use to protect your child.
- Inappropriate content - Answers to questions about protecting children from harmful online content.
- Online grooming - Answers to questions about protecting your children from online predators.
- Too much time online - Answers to questions about how much time children should spend online.
- eSafety for Parents - Instructional videos covering the basic online concepts that every parent needs to know.

School Start Program
Our 2016 Foundation (Prep) students have started the School Start Program which runs for 4 weeks during November. It is a great opportunity for the students and staff to become familiar with each other and for the kids to get an idea of how school operates as it is different to kinder. It was fantastic to see that all of our 2016 students were in attendance for the first session.

Carols Night
Just a reminder that our Annual Carols Night will be held on Wednesday December 16th here at the school. We know how busy December gets, so pop that date in your diaries.

Have a great week,

Brian McFall (Principal)
Remembrance Day Service

Congratulations to our students involved in this year’s Remembrance Day Service. It was a fantastic effort and went really well. It was great to see the whole school being so respectful during the service as we remembered the fallen. Lest We Forget.

Student of the Week
Monday 16th November

P/1M—Liam C.—For great sentence work.

P/1S—Gabby B.—For being a good friend in the classroom.

1/2W—Zalia R.—For always challenging herself with her learning.

2/3H—Michael F.—For her excellent work at reading comprehension.

3/4B—Mac H.—For excellent work at elapsed time problems.

3/4S—Gabby C.—For working hard on all her testing.

5/6O—Cadence V.—For being a highly skilled ‘tough as nails’ soccer player.

5/6S—Makayla B.—For some great work during Graduation practice.

Christmas Raffle

We are again having a Christmas Raffle which will be drawn on our Carol’s Night. Donations would be greatly appreciated, they can be left at the school office.

Thank You, P.F.A.
Understanding what makes boys tick is the key to teaching and raising them. Here are twelve essentials in order to connect with our sons and help raise well-adjusted boys.

Raising and educating boys is a hot topic in Australia and other parts of the world. From my experience those adults who do best teaching and raising boys have a significant understanding of what makes boys tick.

Here are twelve key understandings that will help you regardless of your gender or family situation raise well-adjusted boys:

**# 1: You must like them**
Approval is at the heart of raising boys. Most will walk over hot coals for you if they know you like them. In a sense, this need for approval holds many boys back in school, as they can shut for a teacher who doesn’t like them. If you can feel comfortable with their boisterousness, live with their lack of organisational skills, and not be confronted by their in-your-face ways then the chances are that they’ll respond to you.

**# 2: Boys like to blend in**
Boys are group-oriented by nature. They want to fit in. They tend to play group games and form themselves into structured groups. Boys don’t want to stand out from the crowd. Don’t put them down in front of their friends and understand that they make poor friendship choices rather than be in a group of one. They’ll generally prefer the wrong friends rather than no friends at all.

**# 3: They are hierarchical by nature**
Boys need limits and boundaries as they make them feel safe and secure. They like to know someone is going to enforce those rules, so don’t be afraid to take the lead with them.

**# 4: Many boys hide behind a mask**
Some boys wear a mask to protect them from being hurt. The mask can take many guises including; ‘tough nut’, ‘cool dude’ and ‘class clown.’ Refuse to communicate with the mask. Make them feel comfortable, joke with them, even tickle them. Do whatever you can to get behind the mask.

**# 5: Boys are just as sensitive as girls**
Despite the fact that research shows that boys are more easily stressed and more fragile than girls parents will ask daughters how they feel more often than they ask sons. Also when daughters get hurt, parents tend to comfort them more than they comfort sons. Boys are sensitive you just need to use different language to get them to open up than you do with girls. For instance, a boy will more than likely tell you how he feels if you ask him how he thinks about something. Also, he generally needs more time to process his feelings so bedrooms can become their caves that they’ll retreat to when they need the space to work out what’s going in their hearts.

**# 6: Boys are tactile by nature**
Ever noticed how little boys are more likely than little girls to pop new objects in their mouths. That’s because taste and touch are two important ways that they take in the world. That tactile nature of boys needs to be nurtured, not ignored. One way is to hug them –lots! Boys need to be touched two to three times as much as girls to release the same amount of oxytocin (a feel-good chemical in the brain) that is released during a hug.

**# 7: Boys learn from experience**
Many parents know the extreme frustration that comes from imparting their wisdom on to their sons, only to see it completely ignored. If you have boys in your life then you need to get used to the fact that boys like to learn many of their life lessons for themselves. Experience, for better or worse, is a teacher than many boys can relate to.

**# 8: Loyalty is a high-driver**
Understand that a boy’s loyalty to his friends and family is a key driver and you’ll unlock the key to the male psyche. They are incredibly influenced by their peers, which can hold them back, stopping many from getting too far ahead of the pack. Loyalty also gets many boys into strife with authority. Call a boy’s sister or friend an insulting name and you’re asking for trouble!
# 9: Many boys’ mouths don’t work unless they are moving
If you want to have a serious or personal conversation with a boy then you are better off joining him on a walk. Face-to-face conversation can make them feel awkward, whereas shoulder-to-shoulder chats or conversations that happen during a game or activity seem to flow more naturally.

#10: Boys need social scripts
Most boys need some didactic teaching about how to act and what to say to others at some stage in their life. Don’t be afraid to tell boys of any age exactly what to say in new social situations as they can often struggle to find the words and the way to get their messages across.

#11: Boys need a purpose to learn
If you want to motivate a boy to learn then you need to offer him tangible, short-term goals. He’ll learn to play a musical instrument if he wants to be in a band; but get him to practise a musical instrument without a purpose and you’ll probably be locked in a continuous struggle.

# 12: A boy’s brain mature differently than a girl’s brain
The maturation rate and sequence is different for boys than girls. For instance, the brain developments in the first five years of life prepares girls for the rigours of school better than it does for boys. A girl’s brain in that period is busy developing fine motor skills, verbal acuity and social skills, which are highly valued by parents and teachers. A boy’s brain, on the other hand, is busy developing gross motor, spatial and visual skills, which are essential hunting skills. Unfortunately, there isn’t a great need for these traits in primary schools these days!!

There’s no doubt that raising boys tends to be more of a challenge for parents than raising girls. Understanding and appreciating the differences is a great start. However I think parents who really connect well with boys somehow develop the wisdom to step as well as speak up at the right time, and the smarts to know when to stand back and allow their sons to work things out for themselves.

Barb Heeney – Student Wellbeing Manager
Data and graphing with 1/2W and 2/3H!

For the past two weeks we have been learning about how to collect and graph data. Some interesting questions we have surveyed our classes about include: favourite sports, favourite foods and how many children are in each family. We have been tallying our information, and turning it into picture graphs and bar graphs. Here are some of our finished products!
McClelland College Uniform For Sale

- 1 x Sports Cap $5.00
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