Dear Parent/Guardians,

**Parent Opinion Survey**
The annual Parent Opinion Survey went out to a random selection of families last week. We appreciate those parents who have returned the survey to the school office. These surveys will now be sent off to the Department to be collated with all schools across the State. The school will gain access to the survey later in the year.

**Student Attitude to School Survey**
Our Year 5/6 students undertook the annual Student Attitude to School Survey earlier in the year. Right across the board our students' attitude to school is higher in all areas of the survey when compared to the State. Of particular interest, our students believe that the behaviour of our students is really good in comparison to the rest of the State. They also feel a lot safer at school compared to the rest of the State. Our Year 5/6 students feel that their learning environment is stimulating, that their teachers are effective and that the teachers understand how they feel when compared to the rest of Victoria.

**The Better Health Channel**
Do you have a question about health and wellbeing but struggle to find a good source of information?

There are many websites, blogs and publications that offer information about health and wellbeing. Unfortunately some of these are not based on evidence and the information they provide could be incomplete, inaccurate or completely incorrect! To help everyday people access the best quality information about health and wellbeing, the Victorian Government has developed and maintains the Better Health Channel.

The Better Health Channel provides information on a huge range of topics that is:

- quality assured
- reliable
- up to date
- easy to understand
- regularly reviewed
- locally relevant

The website does not have any commercial advertising and does not accept any corporate sponsorship so readers can be confident that it is not influenced by private third parties.

Information on the Better Health Channel is provided to help people stay healthy or understand and manage their health and medical conditions. It does not replace care provided by medical practitioners and other qualified health professionals.


**Orange Day**
Thank you to Mrs Stanszus for organising Orange Day today. It was very successful with many students buying snacks at recess and grabbing a cup of pumpkin soup at lunchtime. It was great to see so many students wearing orange to support the Save the Orangutans charity.

Until next time,

Brian McFall (Principal)
Book Week
22nd to 26th August.

Book Character Parade
As part of our book week celebrations this year we will hold a Book Character parade on Tuesday the 23rd of August at 9.15 in the hall. Come dressed as your favorite book character or book. Last year we had some amazing costumes from Harry Potter to the Cat in The Hat. So be creative and recycle and reuse. Please do not buy new items.

Book Fair
The annual scholastic Book Fair will be held during book week in the conference room near the office. There will be many books, posters, variety items and special packs available from as low as $1.00. Every year it is great to see so many children with happy smiling faces enjoying a new book. Proceeds from the book fair go to stock up our school library with new books. The book fair will be open before school at 8.45 am and after school from 3.30 to 4.00pm. Mon to Thursday of book week. Children will also be able to visit the Book Fair at recess and lunchtimes.

Thank you and Happy reading.
Jenny Hoyne

Student of the Week
Monday 8th August

PM—Aurora G.—For her great descriptive writing.

1/2S—Shanelle A.—For great persistence with her broken arm.

1/2H—Amelia H.-B.—For excellent improvement in her writing.

1/2B—Cara B.—For settling in well at F.E.P.S.

3/4B—Nyamal M.—For working hard during Maths.

3/4H—Tyreese B.—For trying hard with his literacy work.

4/5W—Tatiana F.—For her dedication to her work and becoming a PLT Champion.

5/6S—Paul D.—For some excellent comprehension work in Reading Eggs.

5/6O—Justin B.—For some fantastic work in Mathletics.

Student Attendance
last week

Percentage of students at school 88.5%
Percentage of students on time 91.8%

Uniform Shop
Operating Hours

The operating hours are:

TUESDAY – 3:15pm – 3:45am
FRIDAY - 8:45 – 9:15am and 3:15 – 3:45pm
When Children Bend the Truth

An article by Michael Grose to help you deal with your child when they tell a lie to avoid punishment or to avoid getting caught when they do something wrong.

As a rule of thumb, step back and try to identify the purpose of a child’s untruths. This indicates to parents how they should deal with the behaviour.

Children often bend the truth to suit themselves. They sometimes tell fibs to escape punishment or avoid being caught when misbehaviour occurs. Some kids fantasise about their exploits to make themselves appear bigger, more daring or more exciting than they really are. These children often think that they are not much good and so invent a few tales to make themselves seem more interesting. Of course, some children fantasise purely because it is fun to stretch the truth a little. It is more fun to run away from ‘a ferocious man-eating tiger’ than be scared of the next-door neighbour’s moggie.

Escaping negative consequences

Eight-year-old Pamela spilt a container of milk on the kitchen floor. She panicked, replaced the empty container in the refrigerator and went off to her bedroom to read. When her mother saw the mess, she asked Pamela if she knew what had happened. The child denied any knowledge of it. ‘What milk do you mean, Mum?’ said Pamela, with an innocent look on her face. Her mother, knowing immediately that her daughter was responsible, asked her to help to clean up the mess. Avoiding a scene, she made sure that her daughter didn’t escape the consequence of cleaning up the mess that she had made.

Fantasising

Some children continually exaggerate to make everything appear bigger or better than in real life. In this way they appear more exciting or interesting than they think they are. This is a sign of discouragement. It is best to go along with these children’s tales, although you should let them know that you are aware of the truth without bursting their bubble. It is fine to exaggerate, but they should never be too far away from reality. Persistent fantasisers often need plenty of encouragement. Let them know that they are OK as they are. Fantasising and telling tall tales may be fun but they don’t need to fantasise to build themselves up. Youngest children in the family often tell whoppers in an effort to make themselves seem important in the eyes of older siblings.

Imaginary friends

Some children will use imaginary friends to avoid doing things they don’t want to do. ‘Mr. Bear says I don’t have to go bed.’ If it only happens once in a while then it’s a bit of fun. It can become wearing if it’s a continuous avoidance strategy. If that’s the case, try the direct approach. ‘Mr. Bear could be right. But I’m your mum and I know it’s bedtime. Mr. Bear can join you if he likes.’

Don’t overreact

Be careful not to overreact when children tell lies. It is better to recognise the child’s goal and act in a way that prevents the behaviour from achieving its purpose. There is little point moralising about the evils of lying. Children know that they should be good; they don’t need to be reminded all the time. Children will continue behaviours that serve a purpose, regardless of whether the actions are morally good or bad. It is
more useful to ensure that lying doesn’t achieve its goal and to encourage children at every conceivable occasion.

Have a great week.

Barb Heeney – Student Wellbeing Manager

School Choir

We are very proud to present four students with our Choir Member of the Month awards for July 2016. They are:

In an excellent start to Term 3, these choir members have all shown amazing effort, dedication and enthusiasm both during choir lessons and with their practising at home.
Congratulations Carla, Tatiana, April & Erin, keep up the great work!

We would also like to congratulate the following choir members on receiving attendance awards for:

20 lessons
Gabby B., Charlee B., Patricia R., Andjelija S., Mia R., Lily H.

15 lessons
Blessing T.

Until next time........FEPS Harmony
Teddy Bear Day

Last Friday the children in Grade 1 and 2 bought in their much loved Teddy Bears to share a day of fun. There were Teddies of all different colours, sizes and textures.

The children made their own moveable Teddies and completed a retell about a Teddy story.

All the children enjoyed making their own Teddy Bear faces with slices of bread, bananas and even trying some sultanas and honey for the very first time.

We ended with a Teddy Bear picnic where we got to eat our Teddy Bear faces. Yum!
Bay Views
Newsletter

PARENTS BUILDING SOLUTIONS
PARENTING ADOLESCENTS
FOR PARENTS AND CARERS OF YOUNG PEOPLE AGE 12–18 YRS.

TOPICS INCLUDE:

• Adolescent Development
• Supporting change
• Anxiety and depression
• Challenging behaviour
• Setting Boundaries
• Social media
• Building Resilience

WHEN: Tuesday, 6 August to 13 September (8 weeks)
TIME: 6pm to 8pm
PLACE: Elizabeth Murdoch College
80 Warrawong Road, Langwarrin
COST: FREE of Charge
Bookings are essential. Receive Certificate of Participation

BOOKINGS: To book or for more information contact Chelsea on
9770 6787 or 0416 586 483
Chelsea.inggela@anglicare.vic.org.au

GROUP FITNESS FEATURING SIMPLEx BUT SERIOUSLY HOT HIP HOP MOVES.
SHAPE UP & RELEASE YOUR INNER SASS
EVEN IF DANCE ISN’T USUALLY YOUR THING

KIDS & ADULT CLASSES AVAILABLE
239A BEACH STREET
FRANKSTON
ABOVE THE STIHL SHOP

GUITAR & PIANO LESSONS
$12 PER 45 MINUTES
children’s music school
Frankston | Mornington | Mt Martha | Tyabb
we teach to play & READ music
comprehensive structured curriculum
qualified teachers | WWC

www.dsemusic.com.au
0416 586 483

Develop the confidence of a winning smile
Crooked teeth? Bad bite? Get professional advice from a specialist orthodontist today.
Free initial visit. No referral needed.

MENTONE
FRANKSTON
9585 8000