Dear Parents & Friends,

FEAST
Our fantastic annual FEAST concert on Wednesday September 9th is just around the corner. It is great to see all of our children and teachers working hard to make sure that it will be a wonderful night for all. Rehearsals are in full swing and a notice will be sent home this week outlining the final arrangements. Tickets are selling well and can be purchased from the office. Programmes will be on sale at the theatre and will cost one gold coin.
Don’t forget that we are having a whole school rehearsal at the George Jenkins Theatre on the day of the concert. All children are expected to attend so please ensure that your child has returned their signed permission slip. There will be no cost for the bus to and from the theatre.

Sunsmart
It is that time of year to remind everyone that hats are now compulsory from the beginning of September until the 30th of April. For those students not wearing hats at recess and lunchtime they will be directed to designated shade areas where they can play. Hats are available for purchase from the Uniform Shop every Tuesday and Friday morning and Friday afternoon. Please ensure that hats are named so that they can be returned to their owner if they have been misplaced.

One Sight
This proved to be a great opportunity for our families and their children. Through the generosity of OPSM a team of optometrists visited our school to test the vision of our children. We had 104 permission forms returned to school and of these 54% were sent vouchers and forms for further testing, free of charge. Children who qualify will be entitled to free prescription glasses. We are hopeful that this will be an ongoing venture every couple of years.

Book Week
Book Week was a great success. Every day the Book Fair in the Conference Room was crowded with children and their parents sorting through the books and novelty items on sale. Due to the efforts and hard work of Mrs Hoyne and Janet Chambers and Caitlyn Hosking who both assisted with the sale of books we raised enough money to add quite a lot of books to the school library.

Jump Rope for Heart
The JUMP OFF for Jump Rope for Heart was held yesterday on a perfect Spring day. The children thoroughly enjoyed themselves and showed their skipping skills, both individually and in a team. Thank you very much Mrs Stanszus for organising such a great day.

Father’s Day Stall
Don’t forget that we are holding our Annual Father’s Day stall on Friday September 4th. A dedicated group of parents have been working hard to make this a success. We thank them for all their efforts.

Footy Day
The excitement is building as we approach our Annual Footy day. There is only one more Home and Away Season game before we head into finals footy. On Friday the 18th we will see which team is victorious in the coin line challenge. I have a good coin collection at home and hope the Magpies do well this year.

Student Attendance
Every Monday at Assembly we give out the percentage of absences and late arrivals for the
week. These are recorded on a white board so the children can see the variation in the percentage figures each week and compare the results from week to week. We also announce the winning grades for the least number of absences and the least number of late arrivals. The children enjoy the competition between the grades and take great pride if their grade is a winner for the week so it can be disappointing if they are in the grade where the same children are late every day.

It has been disappointing to note that in the last few weeks of Term 3 that the number of children arriving late has increased. This is not only very disruptive for the other children but current research shows that mornings for most children are the most productive time of the day with 10.00am the peak period for productivity. When children arrive late and take time to settle as they inevitably do precious minutes are lost. A child who is fifteen minutes late to school each day misses one week of school every year.

Here are a few tips which may assist you to get your children to school on time:
- Establish a morning routine
- Identify and remove distractions such as television
- Arrive at school ten minutes early
- Model a good routine

2016 Prep Enrolments
Prep enrolments are now open for 2016. If you have a child who will be attending Frankston East Primary School in Prep for 2016, please call into the office to pick up an information and enrolment pack.

Have a great week everybody and take care,
Barb Heeney

Student of the Week
Monday 7th September

P/1M—Tristan B.—For great number work in Maths.

P/1S—Coby B.—For trying hard with his handwriting.

1/2W—Nick B.—For working so well on his writing.

2/3H—Jamal S.—For excellent work in reading groups and writing time.

3/4B—Emma B.—For her great efforts in finishing all her work.

3/4S—Jeremy G.—For his great enthusiasm during FEAST practise.

5/6O—Joshua V.—For outstanding effort on Mathletics.

5/6S—Bethany W.—For persistence in weekly soccer game.
Building up Frequent Father Points

As Father’s Day is being celebrated this coming weekend I thought this article from Michael Grose would make for some interesting reading.

Michael Grose looks at the importance of topping up Frequent Father points, and the benefits for both dads and for kids.

A good friend enthusiastically told me how he was looking forward to spending a few days away on his own with his two kids, aged 10 and 13. He was having some ‘dad time’ with his kids. Good on him!

He was doing some memory building and relationship building, as well as having some fun. He told me that he was aware that his kids were getting older and he knew such opportunities were diminishing.

Gone are the days when the only relationship many men had with their kids was through their wife. She would explain him to the kids (“Your dad’s very busy but he would love to see you play sport but he can’t make it.”) As well, she’d keep him up-to-date with the children’s lives.

Blokes, it seems, are valuing the time they spend with their kids on their own. Or at least the dads I mix with are. Spending time alone with kids is a great way to build confidence in dads.

And the kids usually just love it.

Mothers can play a role here by not getting in the way if their husband or partner wants a little time alone with kids. (Most mums I meet welcome this!) Children usually associate their fathers with activity. When I ask children to tell me about their dads they usually talk about the things that they like to do together with their dads. Playing, walking, fishing, wrestling....the list goes on.

It’s through shared activity and involvement in kids’ lives that dads build up frequent father points. It’s hard to build good connection with kids when you are not there!

Don’t Wait Until Adolescence

These relationships are best built in childhood, when kids just love their dads to bits and want to be around him. It gets trickier in adolescence, but having shared interests developed in childhood gives you a connection point during these sometimes-turbulent times.

Dads also benefit from spending time with their kids. Most health scales state a healthy relationship with their children is a predictor of good health and longevity for men. I’m not sure where the health benefits come from, but I suspect there is something relaxing and de-stressing about getting into a child’s space. There is a big kid inside most men just busting to get out.

These days we take parenting pretty seriously and it’s easy to forget that one of the fundamentals of raising kids well is to spend some time in your child’s space, doing stuff, or not doing stuff, whatever the case maybe.

So how are your (or your partner’s) Frequent Father Points going? If they need some topping up then you can start by doing something together that they enjoy.

Having a bit of fun together is the best place to start.

If you want to discuss any of this information or if you have any concerns please remember my door is always open.

Barb Heeney – Student Wellbeing Manager
Jumping into Prep1

On Tuesday September 1st our school took part in lots of jumping and skipping for Jump Rope for Heart. Grade Prep 1S and Prep 1M enjoyed working at 6 different skipping stations using a variety of skipping techniques and hula hoops with students from other classes. They had a great time keeping fit in the sunshine as well as raising money for the Heart Foundation.
**Father’s Day Stall**

Our Fathers Day Stall will be held on Friday 4th September.

**BOOK WEEK 2015**

**BOOK FAIR**

Thank you to all of the families who supported our Book Fair last week. It is wonderful to see so many children with a new book to read. Once again we had a great result selling over $1350.00 worth of books and variety items. This means we have earned a great bundle (around $800.00) of new books to go in the library. So look out for great new titles. A big Thank you to Janet Chambers and Caitlyn Hosking for tirelessly manning the Book fair before and after school. The winners of the Book Fair door raffle were Lani, Chinta, and Paul.

**BOOK WEEK Parade**

As part of book week all the grades read the shortlisted books and participated in activities in their classrooms. The big finish to book week was the BOOK CHARACTER PARADE on Friday. There were some amazing costumes and even the staff got into the spirit of the occasion. Thank you to Mr. O’Shannassy for organizing and acting as MC, Mrs. Heeney for having the hard job as judge and Mrs. Smith for taking photos. The winners were Ryan, Martha, Ky, Ruby, Zalia, Nathan, Jordan and Cadence.

**Happy Birthday**

- Sept. 3rd  Alex K.  2/3H
- Sept. 6th  April K.  1/2W
- Sept. 7th  Justin B.  3/4S

**JUMP ROPE for HEART**

What a perfect day for the first of Spring for the JUMP OFF. Thank you to everybody who participated and helped. We look forward to the Sponsorship money coming in over the next two weeks!

Jill Stanszus

**Uniform Shop Operating Hours**

The operating hours are:

**TUESDAY – 3:15pm – 3:45am**
**FRIDAY - 8:45 – 9:15am and 3:15 – 3:45pm**
Camps, Sports & Excursion Fund

Please note that CSEF money has been received by the school. It is available to be used towards upcoming excursions & camps for those families who have applied. If you have any questions please contact the school office.

END OF TERM LUNCH

Our End of Term lunch for this term will be Pie and Hot Dog.
Order forms will be sent home soon.
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Newsletter

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Frankston East Primary School

Our Purpose:

To provide the Frankston East Community with a friendly and dynamic learning environment that engages students who work to achieve their personal best in an atmosphere of mutual respect and cooperation.

Frankston East Primary School promotes itself as an “Established School with Modern Ideas, based on Traditional Values”

We value:

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<thead>
<tr>
<th>RESPECT</th>
<th>We respect the rights of each other and our environment.</th>
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<tbody>
<tr>
<td>TOLERANCE</td>
<td>We accept individual differences in every way.</td>
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<tr>
<td>EDUCATIONAL EXCELLENCE</td>
<td>We believe in the right of every child to excel to their personal best.</td>
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<tr>
<td>CONFIDENCE</td>
<td>We instil in the child the confidence to approach the unknown.</td>
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<tr>
<td>COMMUNITY INTERACTION</td>
<td>We encourage honest and open community interaction and involvement</td>
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<tr>
<td>FUN</td>
<td>We never lose sight of the fun and enjoyment of learning.</td>
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<tr>
<td>MUSICAL APPRECIATION</td>
<td>We incorporate musical awareness, appreciation and performance throughout our programs.</td>
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<tr>
<td>SPORTING INVOLVMENT</td>
<td>Sporting involvement at all ages provides a wonderful insight into the development of people skills</td>
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